



National Nutrient Database for Standard Reference
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Statistics Report 09100, Fruit cocktail, (peach and pineapple and pear and grape and cherry), canned, heavy syrup, solids and liquids

Report Date: June 30, 2017 05:29 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	80.40	204	0.064	--	--	--	--	--	--	Analytical or derived from analytical	--	-- 08/1982
Energy	kcal	73	--	--	--	--	--	--	--	--	Calculated or imputed	--	-- 08/1982
Energy	kJ	305	--	--	--	--	--	--	--	--	Calculated or imputed	--	-- 01/2007
Protein	g	0.39	129	0.004	--	--	--	--	--	--	Analytical or derived from analytical	--	-- 08/1982
Total lipid (fat)	g	0.07	91	0.003	--	--	--	--	--	--	Analytical or derived from analytical	--	-- 08/1982
Ash	g	0.23	134	0.002	--	--	--	--	--	--	Analytical or derived from analytical	--	-- 08/1982
Carbohydrate, by difference	g	18.91	--	--	--	--	--	--	--	--	Calculated or imputed	--	-- 08/1982
Fiber, total dietary	g	1.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	-- 02/1995
Sugars, total	g	17.91	--	--	--	--	--	--	--	--	Calculated or imputed	--	-- 01/2007
Minerals													
Calcium, Ca	mg	6	102	0.120	--	--	--	--	--	--	Analytical or derived from analytical	--	-- 08/1982
Iron, Fe	mg	0.29	160	0.010	--	--	--	--	--	--	Analytical or derived from analytical	--	-- 08/1982

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Magnesium, Mg	mg	5	85	0.056	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Phosphorus, P	mg	11	105	0.117	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Potassium, K	mg	88	120	1.261	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Sodium, Na	mg	6	140	0.241	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Zinc, Zn	mg	0.08	47	0.002	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Copper, Cu	mg	0.069	47	0.003	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Manganese, Mn	mg	0.144	--	--	--	--	--	--	--	--	Calculated or imputed	--	08/1982
Selenium, Se	µg	0.5	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1997
Fluoride, F 1 2 3	µg	9.2	12	2.996	5	15	2.0	-3.689	22.089	3	Analytical or derived from analytical	--	05/2006
Vitamins													
Vitamin C, total ascorbic acid	mg	1.9	247	0.038	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Thiamin	mg	0.018	105	0.000	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Riboflavin	mg	0.019	108	0.000	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Niacin	mg	0.374	129	0.013	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Pantothenic acid	mg	0.060	3	0.003	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Vitamin B-6	mg	0.050	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Folate, total	μg	3	--	--	--	--	--	--	--	--	Calculated or imputed	--	08/1982
Folic acid	μg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2001
Folate, food	μg	3	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/2007
Folate, DFE	μg	3	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/2007
Choline, total	mg	3.7	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	01/2007
Vitamin B-12	μg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	08/1982
Vitamin B-12, added	μg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin A, RAE	μg	10	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/2007
Retinol	μg	0	--	--	--	--	--	--	--	--	Assumed zero	--	06/2002
Carotene, beta	μg	104	--	--	--	--	--	--	--	--	Calculated or imputed	09351	01/2003
Carotene, alpha	μg	0	--	--	--	--	--	--	--	--	Calculated or imputed	09351	01/2003
Cryptoxanthin, beta	μg	39	--	--	--	--	--	--	--	--	Calculated or imputed	09351	01/2003
Vitamin A, IU	IU	205	262	3.270	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Lycopene	μg	0	--	--	--	--	--	--	--	--	Calculated or imputed	09351	01/2003

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Lutein + zeaxanthin	µg	75	--	--	--	--	--	--	--	--	Calculated or imputed	09351	01/2003
Vitamin E (alpha-tocopherol) ⁴	mg	0.40	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	01/2003
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Tocopherol, beta ⁴	mg	0.00	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	01/2003
Tocopherol, gamma ⁴	mg	0.00	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	01/2003
Tocopherol, delta ⁴	mg	0.00	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	01/2003
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	11/2008
Vitamin D	IU	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2009
Vitamin K (phylloquinone) ⁵	µg	2.6	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	01/2003
Lipids													
Fatty acids, total saturated	g	0.010	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
4:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
6:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
8:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
10:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
12:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
14:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
16:0	g	0.007	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
18:0	g	0.003	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Fatty acids, total monounsaturated	g	0.013	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
16:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
18:1 undifferentiated	g	0.013	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
20:1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
Fatty acids, total polyunsaturated	g	0.031	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
18:2 undifferentiated	g	0.027	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
18:3 undifferentiated	g	0.004	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
18:4	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995

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20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
Fatty acids, total trans	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	06/2015
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	08/1982
Other													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	04/1985
Caffeine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2003
Theobromine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2003

Sources of Data

¹Donald Taves Dietary Intake of Fluoride Ashed (total fluoride) v. Unashed (inorganic fluoride) Analysis of Individual Foods, 1983 British Journal of Nutrition 49 pp.295-301

²Stephen Adair, Dennis Leverett, Carol Shields Fluoride Content of School Lunches from Optimally Fluoridated and a Fluoride-Deficient Community, 1991 Journal of Food Composition and Analysis 4 pp.216-226

³Robert Ophaug Fluoride, Unpublished - Ophaug, Microdiffusion

⁴Nutrient Data Laboratory, ARS, USDA Determination of the Tocopherol Content of Selected Foods, 1992 Beltsville MD

⁵S.L. Booth, J.A. Sadowski, J.A. T. Pennington Phylloquinone (Vitamin K) Content of Foods in the U.S. Food and Drug Administration's Total Diet Study, 1995 Journal of Agricultural and Food Chemistry 43 6 pp.1574-1579